



PRESTIGE CHEER ATHLETICS SUMMER TUMBLING SCHEDULE



June 5th - August 4th

(includes unlimited tumbling classes at athlete's age/level + flyer flex/conditioning + Hip Hop + jump classes)

Team Athletes Included, Non-Team \$149 (+\$50 annual gym registration, \$35 siblings)

ITC (5/6 YEAR OLDS)

MONDAY 6:00-6:45
TUESDAY 5:45-6:30
WEDNESDAY 6:30-7:15
THURSDAY 4:15-5:00



BEGINNER LEVEL 1 (AGES 7-17)

MONDAY 4:00-4:55
TUESDAY & WEDNESDAY 8:00-8:55
THURSDAY 7:00-7:55

HIP HOP

MONDAY 3:30-4:00
TUESDAY 4:30-5:00
WEDNESDAY 6:30-7:00
THURSDAY 4:30-5:00



ITC (3/4 YEAR OLDS)

MONDAY 4:15-5:00
TUESDAY 5:00-5:45
WEDNESDAY 5:45-6:30
THURSDAY 6:00-6:45

JUMPS

MONDAY & TUESDAY 6:30-7:00
WEDNESDAY 7:45-8:15
THURSDAY 6:30-7:00

FLYER FLEX/CONDITIONING

MONDAY 6:00-6:30
TUESDAY 7:00-7:30
WEDNESDAY 7:15-7:45
THURSDAY 7:00-7:30

LEVEL 1

MONDAY 7:00-7:55
TUESDAY 7:30-8:25
WEDNESDAY 4:00-4:55
THURSDAY 8:00-8:55

LEVEL 2

MONDAY 6:00-6:55
TUESDAY & WEDNESDAY 7:00-7:55
THURSDAY 5:00-5:55

LEVEL 3

MONDAY 8:00-8:55
TUESDAY 5:30-6:25
WEDNESDAY 7:00-7:55
THURSDAY 7:30-8:25

LEVEL 4/5

MONDAY & TUESDAY & WEDNESDAY 4:00-4:55
THURSDAY 5:30-6:25



PCA CLOSED - 7/4, 7/8-7/12